PSYKEDEELIT 2025

The 3rd Finnish Interdisciplinary Conference on Psychedelics

Program overview

Thursday, October 2nd, 2025

13:00-18:00 Registration open (Arken Building)

15:00–15:30 Opening Ceremony (Auditorium Armfelt)

15:30–18:30 Scientific Program (Auditoria Armfelt & Helikon)

19:00 → Informal Get-Together

Friday, October 3rd, 2025

09:00-16:00 Registration open (Arken Building)

09:30-17:30 Scientific Program (Auditoria Armfelt & Helikon)

19:00 → Conference Dinner

Saturday, October 4th, 2025

09:30–16:00 Registration open (Arken Building)

10:30–17:45 Scientific Program (Auditoria Armfelt & Helikon)

17:45-18:00 Closing Ceremony

20:00 → Conference Afterparty

Scientific Program

Auditorium Helikon

Thursday, October 2nd, 2025

	Auditorium Armfelt	Auditorium Helikon
15:00-15:30	Opening Ceremony	
15:30-16:30	Keynote: Prof. Christine Hauskeller - Decolonizing Praxis in Western Psychedelia	
16:30-17:00	Break	
17:00-18:30	Scientific Session 1A: Worldviews and Colonialism	
	Georgia Kareola Haagsma - Reframing Amanita Muscaria: Toward a Postcolonial Psychedelic Practice	Scientific Session 1B: Cognition and Neuroscience
		Morten Lietz - Capturing Cognition: Challenges in Psychedelic Cognitive Science
	Linas Tavaras - From Margins to Meaning: Reframing Psychedelic Movements in East-Central Europe through Metamodern Lenses	Jack Kissane - Neuroscientific Insights into MDMA-Assisted Psychotherapy for PTSD: Should Adolescents Be Included?
	Anastasia Ruban - The Limits of Connectedness: Tracing the Topology of Socio- Political Worldviews Among Naturalistic Psychedelic Users	Samuli Kangaslampi - Autobiographical memory recall under psychedelics

Friday, October 3rd, 2025

Auditorium Armfelt Auditorium Helikon

9:30-10:30	Keynote: Dr. Daniel Villiger – Are the Ethical Challenges of Psychedelic-Assisted Therapy Exceptional?		
10:30-10:45	Break		
10:45–12:15	Scientific Session 2A: Mystical Experiences Alberto Cavallarin - Do Mystical Experiences Exist? An Unbiased Look at Original Reports of Altered States of Consciousness Aleksi Sakkolan-Leppänen - Challenging the Mystical: A Cognitive-Linguistic Viewpoint to the Session Jussi Jylkkä - How could psychedelic experience reveal the ultimate nature of reality? Tackling the "hard problem" of mysticism	Scientific Session 2B: <i>Treatment Models and Indications</i> Aleksi Hupli - Past, present and future of psychedelic-assisted therapy for Alcohol Use Disorder Marjo Tuominen - MDMA and Trauma Psychotherapy: Integration Challenges Carmen Ostrander - Creative Resistance - An arts based response to manualized treatment protocols	
12:15-13:30	Lunch		
	Scientific Session 3A: Entities and Energies	Scientific Session 3B: Variations in Personality and Chemistry	
13:30–15:00	Patrick Everitt - Death by Astonishment: Toward a framework of entity encounters in psychedelic philosophy Aidan Lyon - Reclaiming Shakti: Toward a Phenomenology of Energy in Psychedelic Science Maria Balaet - Why do the mushrooms speak to me?	Petri Kajonius - Personality, Genetics, and the Psychedelic Experience Cato Grønnerød - Level of personality functioning as predictor of negative effects of recreational use of psychedelics and MDMA Leo Lahti - Variability in chemical composition of ayahuasca and its analogues	
15:00-16:00	Coffee Break and Poster Session		
		Scientific Session 4B: Experiences and Outcomes	
16:00-17:30	Scientific Session 4A: Psychedelics beyond Therapy Juuso Kähönen - Psychedelic moral enhancement and the limits of medical-therapeutic paradigm Jukka-Pekka Heikkilä - Psychedelics and Entrepreneurial Ideation: Exploring Altered States as Catalysts for Innovation	Esenia Cassidy - Psychedelic-related improvements in mental health among gender and sexual minorities are associated with mystical experiences, persisting effects and psychological insights Carl Enholm - An Exploratory Study on Experiences during Ketamine Infusions and Antidepressant Response in Treatment Resistant Depression	
	Zeus Tipado - No, DMT and lasers won't reveal the mysteries of the universe	Kurt Stocker - Not All Transcendence Transforms: Qualitative Findings from Controlled Studies with LSD, LSD-MDMA, and DMT	

Saturday, October 4th, 2025

Closing Ceremony

17:45-18:00

10:30–12:00	Scientific Session 5A: Real-World and Patient Perspectives Helena Aicher - Psychedelic-Assisted Therapy in Switzerland – Frameworks, Evolving Practice, and Reflections on 10+ Years of Experience Eva Gallacher -The Relevance of Psychotherapy within Psychedelic-assisted Therapies: Real world experiences from Swiss patients Nathan Strebel - The Therapeutic Relevance of Psychedelic Experiences in Psychedelic-assisted Therapy from the Perspective of the Patients: a cross-sectional patient-survey	Scientific Session 5B: <i>Psychedelics and Spirituality</i> Ville Räisänen - Psychedelic catalysed ego dissolution versus Buddhist insight into non-self Gabriela Bezakova - Ethical Considerations of Spirituality in Psychedelic Therapy Adam Greif - Clearing the Air About Psychedelic Spirituality
12:00-13:15	Lunch	
13:15–14:15	Keynote: Prof. Michiel van Elk	
14:15-15:00	Coffee Break	
15:00–16:30	Scientific Session 6A: <i>Independence, Bias, and Access</i> Aila Mustamo - Psychedelic researchers' own experiences with psychedelic substances and connections with psychedelic communities Katherine Cheung - The Benefits and Burdens of Enhanced Independence in Psychedelic Research Floris Wolswijk - Navigating Regulatory and Payer Landscapes to Unlock Psychedelic Therapy Access	Scientific Session 6B: <i>Growth and Emancipation</i> Anssi Pitkänen - Self-Organizing Destabilization: Autopoiesis and Psychedelic Harm Eirini K. Argyri - Growing through the challenges: Psychedelics as catalysts of ontological diversification Julian Heller - The Emancipatory Potential of Psychedelics: Why Taking the Trip Out of Psychedelic Medicine Is a Mistake
16:30-16:45	Break	
16:45–17:45	Panel Discussion	

Auditorium Armfelt

Auditorium Helikon

Poster Presentations

Friday, October 3rd, 2025, 15:00–16:00

Jussi Alihanka - Holotropic perspective to psychedelic therapy: importance of set, setting and inner wisdom

Vladislav Andreev - Psychedelic Use Among Russian-Speaking Psychonauts: Challenging Western-Centric Models of Therapeutic Outcomes

Esenia Cassidy - A Critical Literature Review of Research on Attachment and Psychedelics: Synergies and Research Implications

Caroline Hayes - A Toad Less Travelled: Should 5-MeO-DMT Have a Role in Treating Depression

Sonal Kadchha - Psychedelic Mountaineering: Preparing to ascend the peak. Psychosynthesis as a proactive harm reducing and benefit maximising adjunct for challenging psychedelic experiences

Fabio Nogueira Pereira - Quo vadis: medicus curat an natura sanat – which path will we roam?

Taneli Karhula - Entity encounters during the psychedelic experience

Michelle Olofsson - Difficulties Following Naturalistic Psychedelic Use and Associations with Adverse Childhood Experiences

Manu Paavilainen - Online Psychedelic Awakening: Social Media as the site of Psychedelic Integration

Tyko Runeberg - The oncogenic potential of psychedelics

Sakari Rusanen - Psychedelics in the treatment of chronic pain

Leandre Sabourin - The Impact of a Naturalistic Classic Psychedelic Use on Alcohol Consumption Among Adults: A Scoping Review