

PSYKEDEELIT 2023

The 2nd Finnish Interdisciplinary Conference on Psychedelics

Program overview

Wednesday, November 22, 2023

17:00–19:00 Registration open (Arken Building)

18:00 Opening remarks (Auditorium Armfelt)

Thursday, November 23, 2023

08:15–15:00 Registration open (Arken Building)

08:45–16:30 Scientific Program (Auditorium Armfelt)

18:00–20:00 Conference Dinner (Restaurant Kåren)

20:00 → Evening Program (Restaurant Kåren)

Friday, November 24, 2023

08:30–16:00 Registration open (Arken Building)

09:00–17:00 Scientific Program (Auditoria Armfelt & Helikon)

18:00 Sauna group visit (Arken Building)

18:15 → Informal get-together (Ravintola Koulu)

Program of oral presentations

Thursday, November 23, 2023

Auditorium Armfelt

8:45-9:00	<i>Opening Words</i>
	<i>What is (a) psychedelic?</i>
9:00-10:30	Erika Dyck - What is (a) psychedelic: Historical perspectives Vesa-Pekka Herva - Altered states of consciousness, shamanism and everyday practices in contemporary urban culture Aleksi Hupli - Psychedelics as pharmacological technologies: instrumental drug use and politicogenic drug effects
10:30-10:45	<i>Break</i>
	<i>What are psychedelic experiences?</i>
10:45-12:15	Aidan Lyon - Psychedelic Experience: Revealing the Mind Katherine Cheung - The Narratives of Love and Psychedelics Jukka-Pekka Heikkilä - Exploring psychedelic experiences: Insights from narrative collections in transformational festivals
12:15-13:15	<i>Lunch</i>
13:15-14:15	Keynote Presentation: Max Wolff - Psychedelic therapy is psychotherapy: Connecting the dots between two fields that belong together
14:15-15:00	<i>Poster Session and Coffee Break</i>
	<i>Therapy</i>
15:00-16:30	Patrick Zilliacus & Heikki Vanhanen - Psilocybin in a clinical study in Finland - What have we learned in working with psilocybin to treat alcohol use disorder Oskari Ventilä - Psychedelic-assisted psychotherapies from the viewpoint of cognitive behavioral therapy Gustav Martling - Psychedelics, attachment & emotional regulation - How might therapist's use of psilocybin affect their work?

Friday, November 24, 2023

Auditorium Armfelt

Auditorium Helikon

Empirical Research

9:00-10:30

Jussi Jylkkä - Previous experience of psychedelics predict endorsement of idealism
 Andreas Krabbe - Associations between psychedelic experiences, psychological flexibility and well-being
 Helle Kaasik - Chemical composition of ayahuasca and analogs

Culture and Media

Tommi Kakko - The Representation of the Psychedelic Experience in the Media and What to Make of It
 Sung-Hoon Hong - Why do hippies imagine psychedelics with psychedelic music?
 Jason K. Day - Tools and Toys: Psychedelics as Media

10:30-10:45

Break

Real-World Use of Psychedelics

10:45-12:15

Mika Tsupari - Glimpses of set and setting in Finland and the self-reported benefits of psychedelic use
 Emma Kopra - Investigation of Self-Treatment with Lysergic Acid Diethylamide (LSD) and Psilocybin Mushrooms: Findings from the Global Drug Survey 2020
 Maria Balaet - Associations between mental health and use of psychedelics and other recreational drugs in times of crisis

Philosophy and Religious Studies

Juuso Kähönen - Psychedelic encounters with values and aspiration
 Anssi Pitkänen - Naturalizing the inner healer: reconceptualizing psychedelics as autopoiesis-enhancing agents
 Tatiana Tiaynen-Qadir - Psychedelics and Mysticism: Past, Present, and Future

12:15-13:15

Lunch

13:15-14:15

Keynote Presentation: Manvir Singh - Shamanism and the Scope of Psychedelic Use

14:15-14:30

Break

Trauma and Psychedelic Experiences

14:30-15:30

Eva Roussou - Through a trauma lens: A clinical perspective on the implications of trauma in psychedelic experiences and the application of trauma-informed frameworks in provision to improve safety and agency.
 Samuli Kangaslampi - Psychedelic and traumatic experiences as pivotal mental states and transformative experiences

Cultural and Anthropological Perspectives

Heikki Kråkström - The Describable and the Indescribable in Psychedelic Experiences
 Aila Mustamo - Self-reflection and positionality in psychedelic research

15:30-16:00

Coffee Break

16:00-16:45

Panel Discussion

16:45-17:00

Closing Words

Poster Presentations

Thursday, November 23, 2023, 14:15–15:00

Julia Eklund - *Psilocin esters – An investigation of synthetic feasibility, chemical, and metabolic stability*

Antti Hupli - *Review of MDMA-assisted therapy for moderate to severe PTSD in phase 2&3 studies and possible compassionate use in Finland*

Liisa Ilkka - *The effect of lysergic acid diethylamide on brain BDNF levels and Pavlovian extinction learning in mice*

Joel Janhonen, Heikki Saxén, & Mikko Värttö - *Digital Bioethics on Psychedelics*

Petri Kajonius & David Sjöström - *Reproducing the Psychedelic Experience – One of the 5 Most Meaningful Experiences in Life?*

Sakari Rusanen - *Psilocybin in the Treatment of Cluster Headache*

Janika Ruuska - *Serotonergic Mechanisms and Cognitive Flexibility in Anorexia Nervosa: Implications for Psilocybin Treatment*

Ville Räisänen - *Can Psychedelic Experience Reveal the Nature of the Mind?*

Alku Sirén - *Domesticated mysteries. What is it that allows for the growing acceptance of psychedelics?*

Hilla Väyrynen - *Body Image and the Bodily Self in Mystical-type Experiences*