



PSYKEDEELIT 2023

The 2nd Finnish Interdisciplinary Conference on Psychedelics

Preliminary program of oral presentations

Thursday, November 23, 2023

Auditorium Armfelt

- 8:45-9:00 **Opening Words**
- What is (a) psychedelic?*
- 9:00-10:30 Erika Dyck - What is (a) psychedelic: Historical perspectives
Vesa-Pekka Herva - Altered states of consciousness, shamanism and everyday practices in contemporary urban culture
Aleksi Hupli - Psychedelics as pharmacological technologies: instrumental drug use and politicogenic drug effects
- 10:30-10:45 *Break*
- What are psychedelic experiences?*
- 10:45-12:15 Aidan Lyon - Psychedelic Experience: Revealing the Mind
Katherine Cheung - The Narratives of Love and Psychedelics
Jukka-Pekka Heikkilä - Exploring psychedelic experiences: Insights from narrative collections in transformational festivals
- 12:15-13:15 *Lunch*
- 13:15-14:15 **Keynote Presentation: Max Wolff - Psychedelic therapy is psychotherapy: Connecting the dots between two fields that belong together**
- 14:15-15:00 *Poster Session and Coffee Break*
- Integration and Therapeutic Use*
- 15:00-16:30 Patrick Zilliacus & Heikki Vanhanen - Psilocybin in a clinical study in Finland - What have we learned in working with psilocybin to treat alcohol use disorder
Oskari Ventilä - Psychedelic-assisted psychotherapies from the viewpoint of cognitive behavioral therapy
Gustav Martling - Psychedelics, attachment & emotional regulation - How might therapist's use of psilocybin affect their work?

Friday, November 24, 2023

Auditorium Armfelt

Auditorium Helikon

Empirical Research

9:00-10:30

Jussi Jylkkä - Previous experience of psychedelics predict endorsement of idealism
 Andreas Krabbe - Associations between psychedelic experiences, psychological flexibility and well-being
 Helle Kaasik - Chemical composition of ayahuasca and analogs

Culture and Media

Tommi Kakko - The Representation of the Psychedelic Experience in the Media and What to Make of It
 Sung-Hoon Hong - Why do hippies imagine psychedelics with psychedelic music?
 Jason K. Day - Tools and Toys: Psychedelics as Media

10:30-10:45

Break

Real-World Use of Psychedelics

10:45-12:15

Mika Tsupari - Glimpses of set and setting in Finland and the self-reported benefits of psychedelic use
 Emma Kopra - Investigation of Self-Treatment with Lysergic Acid Diethylamide (LSD) and Psilocybin Mushrooms: Findings from the Global Drug Survey 2020
 Maria Balaet - Associations between mental health and use of psychedelics and other recreational drugs in times of crisis

Philosophy and Religious Studies

Juuso Kähkönen - Psychedelic encounters with values and aspiration
 Anssi Pitkänen - Naturalizing the inner healer: reconceptualizing psychedelics as autopoiesis-enhancing agents
 Tatiana Tiaynen-Qadir - Psychedelics and Mysticism: Past, Present, and Future

12:15-13:15

Lunch

13:15-14:15

Keynote Presentation: Manvir Singh – Shamanism and the Scope of Psychedelic Use

14:15-14:30

Break

Trauma and psychedelic experiences

14:30-15:30

Eva Roussou - Through a trauma lens: A clinical perspective on the implications of trauma in psychedelic experiences and the application of trauma-informed frameworks in provision to improve safety and agency.
 Samuli Kangaslampi - Psychedelic and traumatic experiences as pivotal mental states and transformative experiences

Cultural and Anthropological Perspectives

Heikki Kråkström - The Describable and the Indescribable in Psychedelic Experiences
 Aila Mustamo - Self-reflection and positionality in psychedelic research

15:30-16:00

Coffee Break

16:00-16:45

Panel Discussion

16:45-17:00

Closing Words